

## Nordic N-15 (2014-2015)

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## **Nordic schedule N-15 (2014-2015)**

### **N-15.01 Eye-catcher with $\frac{1}{2}$ roll**

From upright, pull through a  $\frac{3}{4}$  loop, push through another  $\frac{3}{4}$  loop, into a horizontal line, perform  $\frac{1}{2}$  roll in the center, exit inverted.

### **N-15.02 Half square Loop**

From inverted, pull through a  $\frac{1}{4}$  loop into a vertical down-line, pull through a  $\frac{1}{4}$  loop, exit upright.

### **N-15.03 Roll combination with two $\frac{1}{2}$ rolls**

From upright, perform consecutively two  $\frac{1}{2}$  rolls, exit upright.

### **N-15.04 Stall-turn**

From upright, pull through a  $\frac{1}{4}$  loop into a vertical up-line, perform a stall turn into a vertical down-line, pull through a  $\frac{1}{4}$  loop, exit upright.

### **N-15.05 Humpty-bump with $\frac{1}{2}$ roll, $\frac{1}{2}$ roll**

From upright, pull through a  $\frac{1}{4}$  loop into a vertical up-line, perform a  $\frac{1}{2}$  roll, perform a  $\frac{1}{2}$  outside loop into a vertical down-line, perform a  $\frac{1}{2}$  roll, pull through a  $\frac{1}{4}$  loop, exit upright.

### **N-15.06 Comet with $\frac{1}{2}$ roll, $\frac{1}{2}$ roll**

From upright, perform a  $\frac{1}{8}$  loop into a  $45^\circ$  up-line, perform a  $\frac{1}{2}$  roll, pull through a  $\frac{3}{4}$  loop into another  $45^\circ$  up-line, perform a  $\frac{1}{2}$  roll, pull through a  $\frac{1}{8}$  loop, exit inverted.

### **N-15.07 Six-sided loop**

From inverted, pull through a  $\frac{1}{6}$  loop into a  $60^\circ$  down-line, pull through a  $\frac{1}{6}$  loop into another  $60^\circ$  down-line, pull through a  $\frac{1}{6}$  loop into a horizontal line, pull through a  $\frac{1}{6}$  loop into a  $60^\circ$  up-line, pull through a  $\frac{1}{6}$  loop into another  $60^\circ$  up-line, pull through a  $\frac{1}{6}$  loop, exit inverted.

### **N-15.08 Half loop**

From inverted, pull through a  $\frac{1}{2}$  loop, exit upright.

### **N-15.09 Figure S**

From upright pull through a  $\frac{1}{2}$  loop and push through another  $\frac{1}{2}$  loop, exit upright.

### **N-15.10 Spin with 2 $\frac{1}{2}$ turns,**

From upright, perform a spin with 2  $\frac{1}{2}$  turns, perform a vertical down-line, pull through a  $\frac{1}{4}$  loop, exit upright.

### **N-15.11 $45^\circ$ Up-line with $\frac{1}{2}$ roll**

From upright, pull through a  $\frac{1}{8}$  loop into a  $45^\circ$  up-line, perform a  $\frac{1}{2}$  roll, pull through a  $\frac{1}{8}$  loop, exit inverted.

### **N-15.12 Reverse pull-pull-push humpty-bump (option: with $\frac{1}{4}$ roll, $\frac{1}{4}$ roll)**

From inverted, pull through a  $\frac{1}{4}$  loop into a vertical down-line, pull through a  $\frac{1}{2}$  loop into a vertical up-line, push through a  $\frac{1}{4}$  loop, exit upright.

Option: From inverted, pull through a  $\frac{1}{4}$  loop into a vertical down-line, perform a  $\frac{1}{4}$  roll, pull through a  $\frac{1}{2}$  loop into a vertical up-line, perform a  $\frac{1}{4}$  roll, push through a  $\frac{1}{4}$  loop, exit upright.

### **N-15.13 Triangular loop with $\frac{1}{2}$ roll in and out**

From upright, perform a  $\frac{1}{2}$  roll, pull through a  $\frac{3}{8}$  loop into a  $45^\circ$  down-line, pull through a  $\frac{1}{4}$  loop into a  $45^\circ$  up-line, pull through a  $\frac{3}{8}$  loop into a horizontal inverted line, perform a  $\frac{1}{2}$  roll, exit upright.

### **N-15.14 Half square loop on corner with $\frac{1}{2}$ roll**

From upright, push through a  $\frac{1}{8}$  loop into a  $45^\circ$  down-line, perform a  $\frac{1}{2}$  roll, pull through a  $\frac{1}{4}$  loop into another  $45^\circ$  down-line, pull through a  $\frac{1}{8}$  loop, exit upright.

### **N-15.15 Roll combination with 4 consecutive $\frac{1}{4}$ rolls**

From upright, perform 4 consecutively  $\frac{1}{4}$  rolls, exit upright

### **N-15.16 Half cuban 8 with $\frac{1}{2}$ roll**

From upright pull through a  $\frac{5}{8}$  loop into a  $45^\circ$  down-line, perform a  $\frac{1}{2}$  roll, pull through a  $\frac{1}{8}$  loop, exit upright.

### **N-15.17 $\frac{1}{2}$ loop, full roll, $\frac{1}{2}$ loop**

From upright, pull through a  $\frac{1}{2}$  loop, perform a full roll from inverted to inverted, pull through a  $\frac{1}{2}$  loop, exit upright.

